

"I now have belief in myself that I truly didn't think I could have and I have now lost nearly 8 stone."

Donna, Telford

"In five months I have lost 44lbs."

Helen, Telford

"Not only has the technique worked, I no longer suffer with heartburn and my sleep has also improved."

Lindsay, Telford

Claire Mckeown is an Intervention Specialist in Weight Management. She has developed a Unique Weight Loss programme that combines Motivational Coaching, NLP resources and Hypnotherapy. Having successfully treated hundreds of clients over the past few years she has found that this is the most effective way to enable clients to make positive, long term changes.

Free **one
hour
consultation**

You need to be sure that this approach can work for you. That's why you get your first hour for free.

Call or email now to book your free one hour consultation.

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True 
Potential
WEIGHT LOSS

www.truepotentialhypnotherapy.com